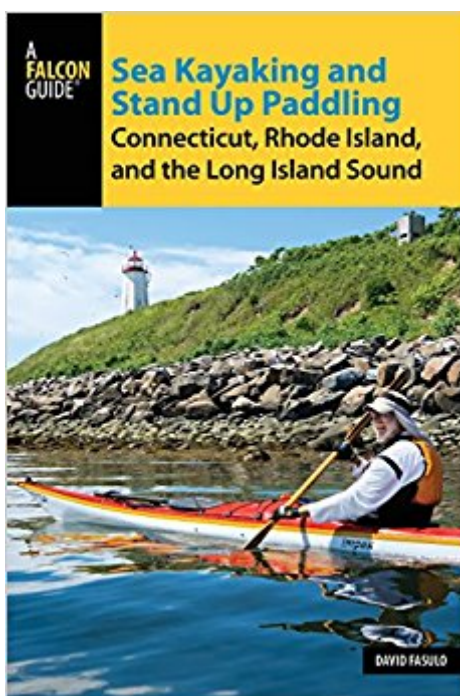


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# Sea Kayaking And Stand Up Paddling Connecticut, Rhode Island, And The Long Island Sound



## Synopsis

The kayak touring, stand up paddling, and kayak fishing along the Connecticut and Rhode Island coast is some of the finest in the country. Most of these waters are protected from large ocean swells, while ocean currents allow for lively waters and abundant sea life. These conditions permit beginners and experts alike to explore the many islands, coastal preserves, and dramatic coastlines in Long Island Sound, Fishers Island Sound, Block Island Sound, and Narragansett Bay. Along with over 100 photographs, *Sea Kayaking and Stand Up Paddling Connecticut, Rhode Island, and the Long Island Sound* provides readers with over 40: Kayak tours, and rough water play areas, for the beginner and advanced paddler Preferred areas for Stand Up Paddlers Kayak fishing areas and tips Maps with overviews of the paddling circuits and launches Utilizing the author's vast knowledge of these waters, *Sea Kayaking and Stand Up Paddling Connecticut, Rhode Island, and the Long Island Sound* is an exceptionally comprehensive resource for all car-top boaters in this region.

## Book Information

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## Customer Reviews

David Fasulo has been sea kayaking throughout the East Coast since 2000; and sailing/racing in these waters, including offshore distance races to Bermuda and Nova Scotia, since 2003. Aside from sea kayak touring, David has envisioned and completed long distance kayak circuits in the area such as the "Stonington Triangle" (Stonington, CT to Montauk, NY, to Block Island, RI, and back to Stonington, CT in a day " 54 miles in 14 hours) and the Connecticut section of the

Connecticut River in a day (Massachusetts border to Old Saybrook Connecticut - 70 miles in 13 hours). David was also part of the initial âœrough waterâ•explorations in the Fishers Island and Block Island Sound areas. David is a certified American Canoe Association (ACA) sea kayak instructor, and participant of several Blackburn Challenge open ocean distance races. David is also the author of How to Rock Climb: Self-Rescue (1996, 2011), and Rock Climbing Connecticut (2002, 2015).

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